



# Summer Glow Menu

Discover our Summer Glow Menu, in partnership with Nutritionist, Emily English and wellness brand, Bamford. Each juice is made with superfood ingredients that promote good gut health and bright skin, helping you achieve the ultimate glow this summer.

## Juices



### The Collagen Booster. £6

**Carrot, orange, red pepper, turmeric and black pepper.**

Full of collagen-supporting vitamin C and powerful anti-inflammatories to help protect, maintain and strengthen plump. 65 kcal



### Radiance Tonic, £6

**Blueberry, beetroot, apple, lemon and olive oil.**

With a little olive oil that helps to enhance the absorption of powerful skin-loving antioxidants, this juice delivers a true health tonic. 115 kcal



### The Hydrator. £6

**Watermelon, strawberry, lime and mint.**

A thirst-quenching juice that is perfect for a summer refresh, offering a hit of hydration for healthy, radiant skin. 76 kcal

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Purchase any juices from the Summer Glow Menu to receive 10% off your next Beyond Beauty purchase. T&Cs apply.

(v) suitable for vegetarians (ve) suitable for vegans. Should you have any food allergies or special dietary requirements please inform your waiter. Please note that allergens are used on our premises so we cannot guarantee an allergen-free environment. Adults need around 2000 kcal a day. All prices inclusive of V.A.T. A discretionary service charge of 13.5% will be added to your bill.



## Summer Glow Menu

Discover our Summer Glow Menu, in partnership with Nutritionist, Emily English and wellness brand, Bamford. Each brunch dish is made with superfood ingredients that promote good gut health and bright skin, helping you achieve the ultimate glow this summer.

### Brunch



#### Spicy Halloumi Tacos (V), £13

Spicy halloumi, pineapple salsa, cabbage slaw, soft shell tacos, chipotle dip.

Packed with plant-based diversity and fibre to support gut and skin health, these tacos have a nourishing yoghurt and avocado slaw with a vitamin C rich pineapple salsa. *Contains:* mustard, milk and sulphites. 567 kcal



#### The Glow Toast (V), £13

Beetroot hummus on toast, poached eggs, feta, chilli, herb salad.

A skin-supporting dish full of vitamins, minerals, antioxidants and healthy fats to support your skin from the inside out. Perfect for getting the glow.

*Contains:* sesame, sulphites, gluten (wheat), milk and egg. 506 kcal



#### Chicken Satay Slaw Salad, £12

Shredded chicken, cabbage slaw with edamame, red onion, mint, coriander, salted peanuts, Thai satay dressing.

A lighter, but flavourful, slaw that is brimming with colour and variety, like nature's multivitamin. High in protein, vitamin E and antioxidants, it's a big bowl of skin food. *Contains:* peanut, fish and soya. 324 kcal

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Dine on any brunch dish and juice from the Summer Glow Menu to receive a complimentary Bamford candle and 10% off your next purchase with Beyond Beauty. T&Cs apply.

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